



FOOD EXPLORERS

Mondays, March 9 - 30, 2020

For kids in grades 2 - 6

4:00 - 5:15pm

JFK Middle School

\$65 Residents (Non-Residents add \$10)

Learn how to make your baked goods delicious and healthy with a Registered Dietitian! We'll explore new techniques, and learn how to make healthy and nutritious ingredient swaps while we make muffins, cookies, quick breads and savory biscuits. All recipes will be nut free but may contain dairy and eggs.

Northampton Parks & Recreation

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Northampton, MA 01060

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www.northamptonma.gov/recreation